

All - inclusive public health leadership – principles and practice
August 29 - 31, 2016

1. Profile of facilitators

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| Name and title: | Katarzyna Czabanowska |
| Current position and affiliation: | Associate Professor Department of International Health Faculty of Health Medicine and Life Sciences, Maastricht University the Netherlands and Institute of Public Health, Faculty of Health Sciences, Collegium Medicum Jagiellonian University, Krakow Poland |
| Areas of interest: | Public health leadership, research into leadership, public health capacity building and development, public health education and training, research methodology. |
| Curriculum Vitae: | <p>Katarzyna Czabanowska MA, PhD is an Associate Professor at the Department of International Health, Faculty of Health Medicine and Life Sciences at Maastricht University. She is a director of the Leadership for European Public Health Continuous Professional Development Programme and Governance and Leadership in European Public Health Master Programm at Maastricht University. She has obtained her PhD in public health in the area of qualitative research methods from the Faculty of Health Sciences, Jagiellonian University Medical College, and Krakow, Poland. Her research focus is on public health workforce development in Europe. She is a member of editorial boards of peer reviewed journals, executive board member of the Association of the Schools in Public Health in the European Region (ASPHER), Visiting Professor at the Institute of Public Health Jagiellonian University Medical College, Krakow, Poland and an Honorary Research Fellow at the University of Sheffield in the area of Health Policy and Management, Adjunct Professor in the Department of Health Policy Management at the IU Richard M. Fairbanks School of Public Health, Indiana University and the President of the Working Group on Public Health Leadership of the European Public Health Association (EUPHA). She is a WHO expert in the area of Public Health Leadership. Awarded Polish Person 2015 in the Netherlands in the category Science and Technique.</p> |

Selected publications related to Leadership:

- Alessandra Lafranconi; Bernardo L Gomes; Mindaugas Stankunas; Suzanne M; Babich; Kenneth A Rethmeier; Katarzyna Czabanowska. *Medical leadership: from inspiration to education*. The Lancet Vol 386 October 17, 2015 p. 1532
- T. Smith, M. Stankunas, K. Czabanowska, N. de Jong, S. O'Connor, S. Fowler Davis. *Principles of all-inclusive public health: developing a public health leadership curriculum*, Public Health (2015), <http://dx.doi.org/10.1016/j.puhe.2014.12.001>
- Katarzyna Czabanowska, Kenneth A. Rethmeier, George Lueddeke, Tony Smith, André Malho, Robert Otok, Mindaugas, Stankunas. Public Health in the 21st Century: “Working Differently Means Leading and Learning Differently” (A qualitative study based on interviews with European public health leaders). European Journal of Public Health 2014; doi: 10.1093/eurpub/cku043.
- Katarzyna Czabanowska, André Malho, Peter Schröder-Bäck, Daniela Popa and Genc Burazeri. *Do we develop public health leaders? Association between public health competencies and emotional intelligence: a cross-sectional study*. BMC Medical Education.2014, 14:83 DOI: 10.1186/1472-6920-14-83.
- Katarzyna Czabanowska: *Leadership in public health: reducing inequalities and improving health*. Eurohealth incorporating Euro Observer — Vol.20 | No.3 | 2014
- Pampuri O, Czabanowska K, Hysa B, Roshi E, Burazeri G. *Public health leadership competency level among health professionals in a South Eastern European country* (Original research). SEEJPH 2015, posted: 10 February 2015. DOI 10.12908/SEEJPH-2014-40
- Suzanne Hobbs, Mindaugas Stankunas, Ken Rethmeier, Mark Avery, Katarzyna Czabanowska. *Clinical leadership improves health outcomes, but do we have it?* The Lancet; 11/2013; 382(9903):1483-4. DOI:10.1016/S0140-6736(13)62285-0].
- Katarzyna Czabanowska, Tony Smith, Mindaugas Stankunas, Mark Avery, Robert Otok. *Transforming public health specialists to public health leaders*. The role of LEPHIE project. The Lancet. 2013 Feb 9;381(9865):449-50. doi: 10.1016/S0140-6736(13)60245-7
- Vesna Bjegovic-Mikanovic, Aleksandra Jovic-Vranes, Katarzyna Czabanowska and Robert Otok. *Education for public health in Europe and its global outreach*. Glob Health Action 2014, 7: 23570 - <http://dx.doi.org/10.3402/gha.v7.23570>
- Katarzyna Czabanowska, Tony Smith, Karen D. Könings, Linas Sumskas, Robert Otok, Vesna Bjegovic-Mikanovic, and Helmut Brand. *In search for Public Health Leadership Competency Framework to support leadership curriculum – a consensus study*. The European Journal of Public Health 2013; doi: 10.1093/eurpub/ckt158.

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| | - Stankunas M, Sauliune S, Smith T, Avery M, Sumskas L, Czabanowska K. Evaluation of <i>leadership competencies of executives in Lithuanian public health institutions</i> . Medicina (Kaunas). 2012 48:581-7 |
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2. Course description

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| Objectives: | <p>This Course aims to introduce and help develop leadership competencies through the following:</p> <ul style="list-style-type: none"> • Examining the key debates around Leadership in Public Health in relation to current health care/public health challenges, • Introducing key theoretical frameworks that underpin leadership learning, and enable the critical use of this knowledge and understanding by applying theory to actual practice within the context of Public Health. • Developing the ability to reflect on the Public Health leadership role and development needs of individuals, so that personal and professional development planning for a leadership role is built upon sound analysis of self in context. <p>Stimulating self-assessment of leadership competencies by the participants to help identify knowledge gaps and further training needs in leadership.</p> |
| Content of the course: | Leadership theories in relation to public health, leadership values, systems thinking, political leadership and negotiations, collaborative leadership, leading change and emotional intelligence, women leadership and organisational learning. |
| Prerequisites: | Getting acquainted with the reading texts and self-assessment tool sent up-front. |
| Pedagogical method: | Interactive lectures, discussions, group work and problem solving, video |

3. Detailed content and structure of course

| Morning 11 am - 1 pm | Content | Method | Afternoon 2 pm – 5 pm | Content | Method |
|-------------------------|---|---|--------------------------|---|--|
| Monday | Expectations, introduction to Day 1 Values, Leadership, leadership theories, leadership in public health | Interactive lecture, video, discussion, problem | Monday | Introduction to self-assessment, Systems thinking | Self-assessment tool Interactive lecture, video, problem, exercise |
| Tuesday | Reflections and introduction to Day 2 Political leadership, stakeholder analysis, negotiations | Interactive lecture Group work Discussion | Tuesday | Case/problem Women leadership Emotional Intelligence | Group work problem-based Interactive lecture Discussion based on the results of the research study |
| Wednesday | Reflections and Introduction to Day 3 Leading change Organisational learning | Problem Interactive lecture and discussion | Wednesday | Group work Presentations and self-assessment Evaluation of the course | |

4. Self study and assessment procedure

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| Self study: | Reader on Leadership theories and styles, self –assessment tool and two articles |
| Assessment procedure: | <i>Active participation in the training, final presentation</i> |